

VivAer[®]

Procedure

Post-Treatment

Instructions

Patient Name _____ Procedure Date _____

During the first few days following your procedure:

- You may experience some inflammation and tenderness at treatment site.
- You may experience some mild bloody discharge, especially after a nasal rinse.
- Call your doctor if you have any bright red bleeding or bleeding is heavy.
- If you need to blow your nose, please do so gently.
- Do not pinch or manipulate the treatment area.

During the first 3 weeks following your procedure:

- You may experience some congestion and crusting at treatment site.
- You may use nasal sprays/rinses, such as _____.
- You may apply ointment to treatment area, such as _____.

Activities: Most patients can return to normal activities the same day.

Symptom improvement: Most patients begin to see improvement between 2 and 6 weeks following the treatment.

Additional Notes:

Please contact our office with any additional questions.